Outstanding Achievements of Our School's Sports Teams in 2023-24 Inter-School Sports Competitions (Tsuen Wan and Islands)

Our School's Sports Teams recently showcased exceptional performances in the Interschool Swimming Competitions (Tsuen Wan and Islands) and Inter-school Badminton Competitions (Tsuen Wan and Islands) organised by The Hong Kong Schools Sports Federation. Their remarkable efforts and dedication resulted in numerous awards and accolades. We are proud to announce the following:

	Boys C 50m Butterfly – Champion Boys C 50m Freestyle – 1st runner-up Boys C 100m Breaststroke – 2nd runner-up Boys B 200m Freestyle –	1D Chong Cheuk Wang 2A Au Kin Ho Kinsey 3D Guo Cyrus
	3rd runner-up Boys A 50m Breaststroke – 1st runner-up Boys A 100m Backstroke – 2nd runner-up	5E Hung Kin To
Inter-School Swimming Competitions (Tsuen Wan	Girls C 100m Freestyle – Champion Girls C 200m FreeStyle – Champion (New Record of TW&I SSAC)	1C Huang Zhiqi
and Islands)	Girls C 100m Freestyle – 2nd runner-up Girls C 50m Butterfly – 3rd runner-up	1A Wong Lok Lam
	Girls C 50m Backstroke – 2nd runner-up	1D Ngai Sze Ham
	Girls C 4x50m Medley Relay –	1A Wong Lok Lam, 1C Huang Zhiqi,
	1st runner-up	1C Lam Tsz Ching, 1C Wong Yi Ching
	Girl C Overall Team Result –	1A Wong Lok Lam, 1C Huang Zhiqi,
	1st runner-up	1C Lam Tsz Ching, 1C Wong Yi Ching,
		1D Chui Sum Yuet, 1D Ngai Sze Ham, 2D Lee Tsz Kiu Cassandra
	Girls B 50m Backstroke – 1st runner-up	3B Wu Xinrui
Inter-School	Girls A Overall Team Result –	5A Zheng Zhihong, 5C Liu Yi,

Badminton	3rd runner-up	5C Wong Hei Ching, 5C Wong Yu Yin,
Competitions		5D Lee Ching Lam, 6E Yan Sze Wai
(Tsuen Wan		
and Islands)		

Congratulations to all the participants for their exceptional achievements and dedication to sportsmanship.







