

# TSUEN WAN PUBLIC HO CHUEN YIU MEMORIAL COLLEGE

## Physical Education Department 2017-2018

### Objective

Through teaching a wide range of sports skills and knowledge, helps students develop an active and healthy lifestyle, and nurture balanced development in the five virtues, 'ethics, intellect, physical development, social skills and aesthetics'.

### Major Concerns (2017-2018)

1. To arouse students' interest in sports
2. To help students improve their physical fitness to meet their daily work and future challenges;

### Assessment System

The students will be assessed as follows:

Items	Percentage
1. Class Performance (Attendance, punctuality and attitude)	30%
2. Skills	25%
3. Physical fitness	25%
4. Knowledge in physical fitness and sports	10%
5. Participation and performance in sports	10%

Students' overall performance in this subject will be graded as shown below:

Grade	A	B	C	D	E	F
Performance	Excellent	Good	Fair	Satisfactory	Pass	Fail

Normally, students who do not attend classes more than three times a term will not be graded and will fail in this subject unless under exceptional cases. Basically, the performance of an average student in this subject will be classified in grade C category. Furthermore, grades with plus and minus signs will also be used whenever applicable.



### **Internal School Sports Competitions**

<b>No</b>	<b>Date</b>	<b>Competitions</b>
<b>1.</b>	4, 6 Oct 2017	Inter-house Football Competition
<b>2.</b>	18-27 Oct 2017	Inter-house Basketball Competition(Senior Forms)
<b>3.</b>	28, 29 Nov 2017	Sports Days
<b>4.</b>	12 Dec 2017	Inter-house Table-tennis Competition
<b>5.</b>	17-20 Apr 2018	Inter-house Basketball Competition (Junior Forms)
<b>6</b>	Nov 2017 & May 2018	Inter-class Dodgeball Competition